

**Transportation • Communications • International Union**  
Los Angeles Metropolitan Transportation Authority  
Health & Welfare Trust Fund

Administered By: Benefit Programs Administration  
Telephone • (562) 463-5090 • (800) 427-5342

November 2016

**To:** Eligible Participants Enrolled in the Transportation Communications International Union – Los Angeles Metropolitan Transportation Authority Health & Welfare Fund's Fee-For-Service Dental Plan

**From:** Transportation Communications International Union – Los Angeles Metropolitan Transportation Authority Health & Welfare Fund's Board of Trustees

**Re: First Dental Health Preferred Provider & Exclusive Provider Dental Networks**

Dear Eligible Participant:

As a reminder participants enrolled in the Transportation Communications International Union – Los Angeles Metropolitan Transportation Authority Health & Welfare Fund's Fee-For-Service Dental Plan will have the **option** to utilize both the First Dental Health Preferred Provider (PPO) & Exclusive Provider (EPO) Dental Networks

**Please know that the current dental benefits provided by the TCU-LAMTA Health & Welfare Fund are not changing.**

Participants can access the First Dental Health website at [www.firstdentalhealth.com](http://www.firstdentalhealth.com) or they can call (800) 334-7244 to find a participating dentist within the First Dental Health network. We have also enclosed the First Dental Health Plan Information Card for your convenience.

First Dental Health is a voluntary program. However, by using a First Dental Network Dentist will reduce dental costs for yourself and also the Fund. The manner in which participants submit their dental claims to the Fee-For-Service Dental Plan will not change. Dental claims will continue to be submitted to the Funds administrative office for processing.

If you have any questions regarding the new First Dental Health PPO & EPO networks please visit the above referenced website or contact the Administrative Office at 1-800-427-5342.

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